



Year In Review

A Self-Reflection Helps Set Goals for the New Year

As 2007 comes to a close, we are all presented with a great opportunity to reflect on the year's events and truly assess ourselves in the hopes of setting goals that will help make the new year the best yet.



What successes have you celebrated?
 What challenges stood in your way?
 What was your biggest accomplishment? Your biggest regret?

Then, before the ball drops and we ring in the new year, take the time you deserve to reflect on your career and create new goals for 2008.

Where do you want to be in one year?
 How will you get there?
 Is that really what your heart desires, or is it just "the next step"?

Go ahead! Write your goals down and take ownership so they become truly achievable. Better yet, copy them in your planner, pin them to the wall and place them wherever they will serve as a continuous reminder along your journey through the new year.

A Harvard Business School study found that **Only 3%** of graduates over 30 years **Write Their Goals Down.** Years later, they found that **Those 3% Were The Most Successful.**



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The Key to Accomplishment

Set Your Goals and Achieve Success with True Motivation



Whether professionally, personally or both, there are probably many times when you too have set a goal and it didn't stick. Rather than a feeling of accomplishment, you are left with feelings of disappointment and self-doubt. The key to goal achievement is to really understand your natural behavioral style as well as what compels you to take action.

What motivates you?
 What is your passion in life?

By understanding the values that shape your outlook on life, you can really understand the driving force behind your actions and begin to make decisions that complement the values you hold and really motivate you to take action and achieve your goals. Then, at this time every year, you can look back and realize each year keeps getting better and better. Let TTI's assessment products help you become inspired to improve your performance on the job. You owe it to yourself to start the new year motivated to reach new heights, conquer new goals and make your dreams a reality.

**Start the New Year with Goals and Motivation...
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